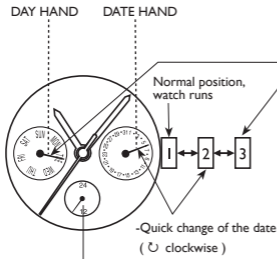




VX3J  
INSTRUCTION MANUAL



#### Day setting:

Turn the crown clockwise and advance the hour and minute hands till the day hand advances to the next day. The day hand cannot be set independently. Then turn back the hour hand by about 4 hours, and advance it again till the day hand advances to the next day. Repeat the same procedure and set the day hand to the desired day of the week.

#### Time setting:

Set to the correct time. Be sure to check that AM/PM is properly set. Push crown back to position 1.

#### 24-HOUR SUB-DIAL SETTING:

The 24-hour hand moves correspondingly with the hour and minute hands. When setting the time be sure to check that the 24-hour hand is set properly.